

Sharon Wade, C.O.T.A. / L

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Professional Objective

To utilize my knowledge base, interpersonal skills, and drive to facilitate independence in daily living to those whose life skills have been interrupted by accident or illness.

Education

A.S. in Occupational Therapy; Oklahoma City, OK 1991

R.N. Program Course Work 1987-1989

Professional Experience

Legacy Health Care; Assisted Living Facility / Independent Living

September 2016 - present

Optimal Home Health Care; Homecare and Assisted Living Facility

November 2012 - November 2016

Rehab Care / Select Rehabilitation Corp. Colorado; Skilled Nursing Facilities

December 2004 – November 2013

Rose Medical Center / Denver, CO; Orthopedic Rehabilitation; 3 years

Heritage Club of Lakewood / Lakewood, CO; Assisted Living Facility 2 years

St. Joseph's Medical Center / Denver, CO; Activity Director 3 years

Mercy Health Center / Oklahoma City, OK; Acute Care 2 years

Mountain Rose Massage and Wellness Center / Evergreen CO Owner

Summary of Experiences

- Direct patient care in orthopedic and acute care departments
- Direct patient care in Assisted Living Facility / Independent Living Facility
- Contract services for various rehab and hospital settings
- Hand therapy in outpatient hand clinic
- Therapeutic Recreation Director
- Facilitation of various programs
- Weekly department head meetings
- Coordinator of volunteer base
- Home health care interspersed throughout working history
- Program development
- Program director for 7 months
- Facilitation of wellness classes
- Massage therapy
- Tai Chi Instruction
- Range of Motion Dance Instructor

Certifications

- Certified Tai Chi Instructor for Arthritis and Fall Prevention
- R.O.M. (Range of Motion) Dance Instructor
- Certified Health Coach
- Certified Massage Therapist

Professional Affiliations

- Previous member Advisory Board, O.T.A. program, Arapahoe Community College
- Previous member Advisory Board, O.T.A., Denver Technical Center
- Evergreen Chamber of Commerce